



“They are informative, patient and offer options.”

Holly Lewis walks into the Cass County Dental Clinic with her two children Quincy and Daisha. The Clinic staff was told to expect “up to seven” children tagging along. When asked why only the two with appointments were in attendance, Holly

replied, “Seven was just not going to happen today.”

After Quincy is done with his check up, his brother Keiair opens the door to the Clinic and peeks his head into the waiting room, a signal to Quincy that it’s time to go. His father, Sherman, is outside ready to drive Quincy to a birthday party after delivering Keiair and another brother, Aieron, to basketball practice. Meanwhile, Daisha makes her way to the dentist’s chair. Holly waits for Daisha’s return with ease because her oldest daughter, Jaylin, is at home watching her other six children. Only an hour has passed, but with a family of 13, the Lewis family experiences a lot in just an hour.

Holly has four biological children, Jaylin, 14; and Aireon, 11; Keiair, 9 and Kaleiana, 8 with her husband Sherman. Quincy, 11; Navaeh, 9; Patience, 8; Daisha 7; Triana, 5 and Layah, 3; were children of Holly’s cousin who were cared for through the State of Kansas foster care system until 2014, when Holly and Sherman welcomed them into their home. All six adoptions were finalized in January 2016. In 2012, the family began taking care of Liam, a five-week-old baby. Liam, now 4, was adopted August 31, 2016.

“Sherman and I have been together for 14 years and have been licensed child care providers for 11 of those 14 years,” Holly replied when asked how she keeps up with 11 children. “The daycare prepared us for this. It becomes a routine, second nature. Kids are our habit.”

Holly described their daily schedule as “nuts.” The morning hours alone consist of waking the nine that attend school, convincing them to get out of bed, get dressed and get on the bus. After they are successfully headed to school, the focus turns to the two preschoolers that undergo a similar process. There is a brief moment of peace and then the daycare kids start arriving.

It’s understandable that making time for the dentist could be challenging, but all 11 children are patients at the Cass County Dental Clinic. The entire family started making appointments at the Belton clinic in September 2016

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WALKING (AND RUNNING) FOR HEALTH

Annual fundraiser will now include a timed run, course changes to 5K



5K WALK/RUN FOR HEALTH

to support their participation. Each registered walker that raises more than \$100 will receive a t-shirt specially designed for those who participate in the 5K Walk. Additional prizes will be awarded to individuals that raise \$150 or more. Runners must pay a registration fee to participate and will receive a t-shirt specially designed for the 5K Run. The top finishers in each age group will receive medals.

Following the 5K, participants are invited to enjoy a post-event, morning celebration that includes food, music, prizes and a community health fair. The health fair, sponsored by Belton Regional Medical Center, has fun activities for the entire family.

The 5K is Saturday, May 6 and will begin and end at Belton Regional Medical Center. Check-in begins at 7:30 a.m. and the 5K begins at 8 a.m.

Visit casscommunityhealth.org to create a team, register for the 5K Run, donate or learn more about the event.

Cass County and surrounding community residents can now register to walk or run to benefit their fellow citizens' health. The 23rd Annual 5K Walk/Run for Health, hosted by Cass Community Health Foundation (CCHF) now includes a 5K Run.

Kevin Wood, retired mayor of Harrisonville, will chair the event. Chase Coffman, NFL tight end, Missouri Hall of Famer and Ray-Pec High School graduate is serving as honorary chair. The 5K will benefit CCHF's programs including the Cass County Dental Clinic and scholarships for high school seniors interested in health care.

Walkers are encouraged to form teams and raise pledges



Cass Community Health Foundation

(CCHF) and the Cass County Dental Clinic completed a record number of free dental screenings during the 2015-2016 school year. 3,765 students from Cass County area schools received access to improved dental health with the help of 97 volunteer dentists, dental hygienists, community members and pre-dental and nursing students.

The 3,765 students screened in those districts is a significant increase from the 2,739 students screened during the 2014-2015 school year. Of those 3,765 children screened, 23.9% had untreated tooth decay and were referred for further care.



MEET LISA EVERHART

Nursing scholarship recipient returns to Cass County



“I want to build relationships. I really love caring for people. And you never know; I could end up treating someone who contributed to my scholarship.”

-Lisa Everhart

Peculiar, Missouri native Lisa Everhart always planned to work and live in Cass County so she could influence the development of her own community.

“Belton Regional Medical Center might be a small hospital, but we are evolving,” Lisa said. “The teamwork in our department is outstanding. We have a lot of great resources and the hospital is beginning to work with our community more and more.”

Lisa is a registered nurse in the emergency department at Belton Regional Medical Center and the first Cass Community Health Foundation (CCHF) nursing scholarship recipient to return to Cass County for their career. While she was a student at Raymore-Peculiar High School, she volunteered and worked at Belton Regional, where she first heard of the CCHF scholarship program.

Lisa’s mother, Barbie Everhart, a Research College of Nursing graduate and former Belton Regional nurse, encouraged her to apply. Lisa was awarded scholarship funds for four consecutive years as she attended the University of Central Missouri (UCM) to obtain her bachelor of science in nursing.

Lisa Everhart, registered nurse in the emergency department at Belton Regional Medical Center, is the first Cass Community Health Foundation nursing scholarship recipient to return to Cass County to work as a nurse. Everhart graduated from Raymore-Peculiar High School in 2009 and received four years of consecutive scholarships.

“The scholarships gave me the extra motivation to go to school for nursing. If I needed books, a stethoscope or supplies, I had it. Without the extra money, I would just be paying back loans to a bank. Receiving a scholarship to become a nurse felt like a way to start giving back to my community while I was in school.”

Her sense of community has been a constant throughout her nursing career. Growing up just eight miles from Belton, Missouri, she said she knew she would return to her small, rural town where the people are the most important part of the job.

“This area is what I know, but I love meeting new people here.”

She goes to the hospital every day so that she can help community members of Cass County.

“There are hard days as a nurse, but the good ones are so satisfying. There is a sort of instant gratification when someone thanks you for helping their parents or their kids.”

Lisa’s passion for nursing and its significance to Cass County’s progress has continued to grow. She plans to graduate with her master of science in nursing from UCM in May to become a nurse practitioner. Her goal is to stay in Cass County and join a family practice at a rural clinic.

“I want to build relationships. I really love caring for people. And you never know; I could end up treating someone who contributed to my scholarship.”

CCHF scholarships are available to high school seniors in the Cass County area. Students should apply by March 1. Visit casscommunityhealth.org to learn more about CCHF scholarship opportunities.

and despite their perceived chaos, Holly maintains that the Clinic makes it easy.

“Everybody here is always cool. They try to give me back to back times. They never shove our family out the door. Sometimes they squeeze in one more appointment for me so I don’t have to drive back,” Holly said.

Scheduling 11 consecutive appointments isn’t possible, although Holly insists she’s tried.

“You can’t rent the entire Clinic for one family.”

She contends the Clinic accommodates their hectic lifestyle and helps her create the most convenient appointment schedule as possible.

“They are informative, patient and offer options. They stay open late and have more than one dentist on staff so things get done quickly. And the phone reminders are amazing for people like me.”

Holly has had more than one trying encounter with her children and the Clinic staff. One of her boys was supposed to receive a cap, but wouldn’t cooperate.

“I expected frustration,” Holly said. Instead, the staff kept their cool, told Holly to come back and they would try again.

“I would have told him to sit down and get it done,” Holly said.

When her four-year-old needed fillings, the Clinic staff talked to him until he calmed down.

“It’s no small feat to get a four-year-old in a chair with his mouth open for fillings.”

Holly’s 14 year-old, Jaylin, needed five fillings. The staff told Holly how well Jaylin handled the appointment.

“That acknowledgment was appreciated.”

Holly and Sherman have made their children’s oral health a priority. Holly said the Lewis family will be patients for a long time. Since the youngest, Layah, is three, Cass County Dental Clinic can make appointments with the Lewis’s for the next 17 years.

Cass Community Health Foundation thanks the following individuals, businesses and foundations for their monetary support in 2016.

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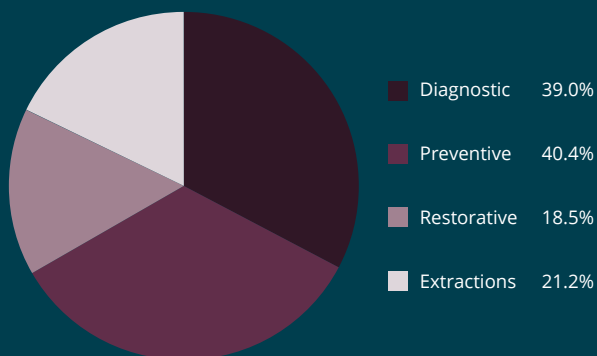
2016 in review

Treated 3,150 underserved children through 6,817 dental visits through our Cass County Dental Clinic.

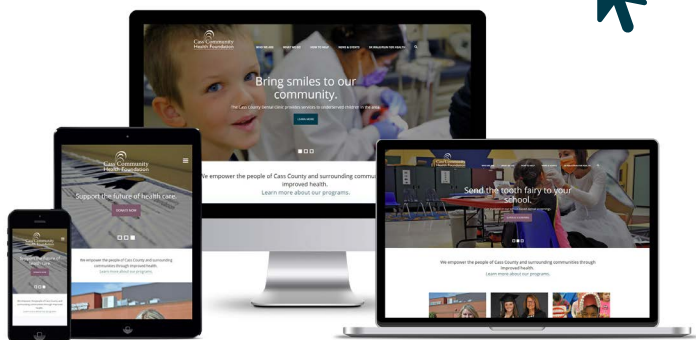
Screened 3,765 children during our 2015-2016 school year dental screenings, applied fluoride varnish to 1,614 children who had parental consent and identified 900 children in need of further dental care.

Awarded \$32,000 in scholarships to 25 students pursuing nursing or other health care careers through our health care scholarship program.

Cass County Dental Clinic services provided



Check out our brand new website at [casscommunityhealth.org!](http://casscommunityhealth.org)



2016 financial overview

Revenues

Donations/grants	\$363,743
Medicaid revenue	\$722,984
Patient revenue	\$14,825
Investment income	<u>\$313,267</u>
TOTAL	\$1,414,819

Expenses

Program support	\$799,650
General and administrative	\$105,885
Fundraising	<u>\$17,638</u>
TOTAL	\$923,173

**The 2016 financials are pending audit review.*

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Ken Cox and Cynthia Randazzo, Cass Community Health Foundation (CCHF) president, celebrated Cox's nearly 20 years of service to CCHF with a brick dedicated to him in the tribute garden located on the Belton Regional

Medical Center campus. Cox joined the board in 1997 when the Foundation was known as Research Belton Hospital Foundation. He volunteered his time during CCHF's free dental screening program each year he was a board member and has participated in the annual Walk for Health since its establishment, chairing the event in 1998 and 1999. Cox retired from the CCHF board of directors in September 2016.